



Image credit: City of Oslo

## Becoming an age-friendly community helps those aged 8 to 80.

For those communities focused on becoming age-friendly – where older adults can enjoy good health, community support and feel a sense of security as they engage and participate in the community – the good news is that doing so not only improves quality of life for seniors, it also creates a more inclusive, safe and accessible community for everyone.

## AGE-FRIENDLY COMMUNITY ASSESSMENT AND PLANNING

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According to the World Health Organization, an age-friendly community is one that supports and enables older people to “age actively” – that is, to live in security, enjoy good health, and continue to participate fully in society.

Our age-friendly planning services are based on a few foundational pieces: alignment with your other community plans; meaningful public engagement; and the widely used age-friendly framework developed by the World Health Organization (WHO) and used extensively by other countries, cities and communities, including Canada.

Creating healthy communities is at the heart of all our planning, where we take an integrated approach to ensuring the social, economic and natural systems are being addressed to enhance overall community health, which encompasses physical, mental and social wellbeing. For some communities that have already done economic and environmental planning, diving deeper to plan the social systems may be what’s needed to ensure overall community health.

Follow the links to review the plans we created for [Creston](#) and [Sparwood](#).



## FUNDING AVAILABLE

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Local governments from across British Columbia can now apply for the 2018 round of age-friendly grants for up to \$25,000 to help ensure their community better meets the needs of its older residents. Age-friendly Communities grants have been offered since 2009 and, to date, more than 144 local governments have completed projects or been approved for funding

Applications for 2018 grants are due November 10, 2017.

## CONTACT US

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